Reference: Birth Weight and Gestational Age charts for British Columbia populations, British Columbia Vital Statistics Agency.

Additional charts are available for gender specific assessment as well as ethnic variations and geographic locations on the BCRCP website — www.rcp.gov.bc.ca.

Smoothing formula also available on BCRCP website.

Definitions: Appropriate for Gestational Age (AGA) \( \geq 10th \leq 90th \) percentile.
Small for Gestational Age (SGA) \(< 10th \) percentile.
Large for Gestational Age (LGA) \( > 90th \) percentile.
### APGAR SCORE

<table>
<thead>
<tr>
<th>HEART RATE</th>
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<th>1</th>
<th>2</th>
<th>1 MIN.</th>
<th>5 MIN.</th>
<th>10 MIN.</th>
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<tr>
<td>ABOVE 100</td>
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### APGAR TOTAL SCORE

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<th>SIGNATURE</th>
<th>RM/RN</th>
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</tbody>
</table>

### RESUSCITATION SUMMARY

- **AMNIOTIC FLUID:** CLEAR
- **MECONIUM STAINED**
- **MEC. BELOW CORDS**
- **STOMACH SUCTIONED**
- **TRACHEA**
- **O2 FREE FLOW:** START STOP
- **IPPV:** START STOP TIME TO SPONTANEOUS BREATHING
- **TIME TO HR > 100**

### PHYSICAL EXAMINATION AT BIRTH

- **NORMAL**
- **ABNORMAL**
- **COMMENTS**

#### 1. GENERAL APPEARANCE

**TEMP.**

**RR.**

**HR.**

#### 2. SKIN

- Pallor
- Mec. Stain
- Bruising
- Petechiae
- Jaundice

#### 3. HEAD

- Cleft Lip/Palate
- Suspected Choanal atresia
- Micrognathia

#### 4. EENT

- Nasal Flaring
- Tachypnea
- Retracting

#### 5. RESP.

- Grunting
- Shallow breathing
- Expiration

#### 6. CVS

- Murmur
- Abn./ Delayed femoral pulses
- Central Cyanosis
- Abnormal rate/rhythm

#### 7. ABDOMEN

- Scaphoid
- Splenomegaly
- Distention
- Abnormal mass
- Hepatomegaly

#### 8. UMBILICAL CORD

- Mec. Stain
- Thin
- 2 Vessels
- 3 Vessels
- Abnormal length

#### 9. GENITORECTAL

- Hypospadias
- Undescended testes
- Imperforate anus

#### 10. RESUSCITATION FORM COMPLETED

- IPPV on separate Neonatal Resuscitation Record

#### 11. NEUROLOGICAL

- Hypotonia
- Jittery
- Cry
- Reflexes

#### 12. OTHER

- Extremity abnormality
- Hip abnormality

###still Birth

- MACERATED
- NO YES
- IUGR
- RETROPLOYMENT CLONE
- EVIDENCE OF ANEMIA
- AUTOPSY CONSENT
- OBVIOUS ANOMALY(describe below):

#### Umbilical Cord

- Length cm
### British Columbia Newborn Record Part 2

#### 9. Date Done

<table>
<thead>
<tr>
<th>Date</th>
<th>Circumcision</th>
</tr>
</thead>
<tbody>
<tr>
<td>D/M/Y</td>
<td>☐ I I</td>
</tr>
</tbody>
</table>

- PKU, TSH, GALACTOSEMIA
- POSITIVE MATERNAL HBsAg STATUS
- HBIG GIVEN
- HEPATITIS B VACCINE GIVEN
- POSITIVE MATERNAL HIV STATUS
- OTHER

#### 10. Problem List

<table>
<thead>
<tr>
<th>Date</th>
<th>Problem List</th>
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</thead>
<tbody>
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<td>D/M/Y</td>
<td>I I</td>
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</table>

#### 11. Progress Notes

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<th>Notes</th>
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<td>I I</td>
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#### 12. Circumcision

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<table>
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#### 13. Discharge Examination

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<tr>
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<td>cm</td>
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</table>

1. GENERAL
2. SKIN
3. HEAD
4. EENT
5. RESPIRATORY
6. CVS
7. ABDOMEN
8. UMBILICAL CORD
9. GENITORECTAL
10. MUSCULOSKELETAL
11. NEUROLOGICAL
12. OTHER

#### 14. Status at Discharge

- PROBLEMS REQUIRING FOLLOWUP:
  - 
- FEEDING: ☐ BREAST ☐ FORMULA ☐ VIT. D

#### 15. Discharged

- HOME
- ADOPTION
- FOSTER HOME
- OTHER HOSPITAL (specify): ☐

#### 16. Follow Up By (when?)

- FAMILY PHYSICIAN
- MIDWIFE
- PEDIATRICIAN
- OTHER CONSULTANT
- COMMUNITY HEALTH NURSE
- MINISTRY FOR CHILDREN AND FAMILY DEVELOPMENT

- ☐ NEONATAL DEATH ☐ AUTOPSY PERFORMED
### An Approximation Based on Published Data

#### Examination First Hours

**Clinical Estimation of Gestational Age**

<table>
<thead>
<tr>
<th>Week</th>
<th>Patient Name</th>
<th>Physical Findings</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>20</td>
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</tbody>
</table>

#### Gestational Age

**Week 1**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 2**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 3**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 4**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 5**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 6**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 7**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 8**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 9**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 10**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 11**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent

**Week 12**
- **Gestational Age:** Approximation based on published data
- **Physical Findings:**
  - **Cardiac:** Palpate first heart sound
  - **Neck:** No nuchal fold
  - **Abdomen:** Soft, symmetrical
  - **Genitalia:** Absent